

Menus for March 2019

ABINGTON PUBLIC SCHOOLS WOODSDALE

This institution is an equal opportunity provider. Menus are subject to change.



Friday, March 1

Popcorn Chicken Bowl

Served with a whole wheat breadstick

Served with
Creamy Mashed Potatoes &
Gravy
Golden Corn
Fruit of the Day
Ice Cold Milk

Monday, March 4

Chicken Nuggets
Served with Graham Crackers

Served with
Rice Pilaf
Garden Green Beans
Crazy Dried Cranberries
Ice Cold Milk

Tuesday, March 5

Wild Mike's Cheesy Bites
Soft Crust filled with Mozzarella Cheese

Served with
Warm Marinara for Dipping
Cucumber Wheels
Crunchy Fresh Apple
Ice Cold Milk

Wednesday, March 6

Hot Diggety Dog
in a whole wheat bun

Served with
Baked Beans
Steamed Carrots
Chilled Peaches
Ice Cold Milk

Thursday, March 7

District-Wide In-service
Early Release Day

Pancakes with Syrup

Served with
Baked Ham
Sweet Potato Fries
Chilled Pears
Ice Cold Milk

Friday, March 8

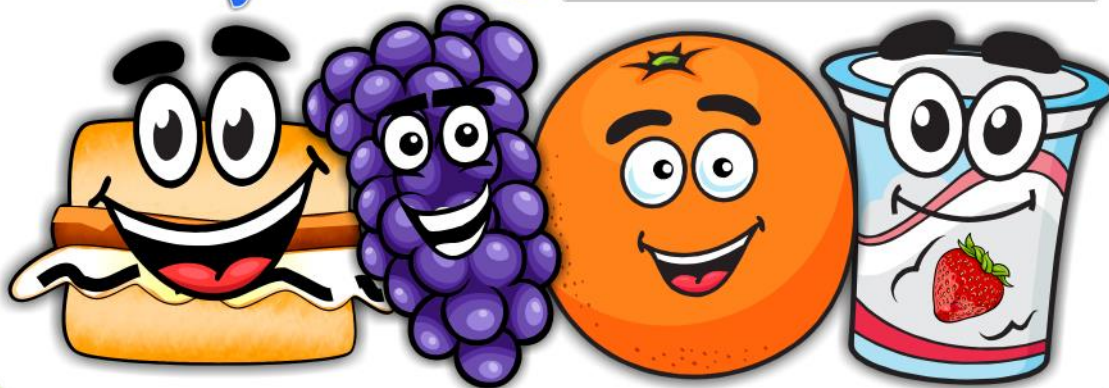
Popcorn Chicken Bites

Served with a soft dinner roll

Served with
Smiley Fries
Golden Kernel Corn
Fruit of the Day
Ice Cold Milk

SCHOOL BREAKFAST
START YOUR ENGINES!
Free Lunch students **ALSO** receive free breakfast!
Reduced only 30 cents Full Pay \$1.50

come join us for Breakfast @ School



AVAILABLE DAILY

Alternate Choices:
Sal's Cheese Pizza
Cereal Fun Lunch
Sunbutter & Grape Jelly
No Crust Sandwich Lunch
Fresh Fruit or Juice
and
Alternate Vegetables

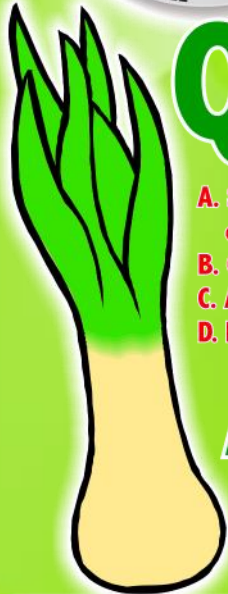
Spring Forward



Sunday, March 10



What's on YOUR plate?



Q: What can you do with a LEEK?!

- A. Stick your finger in it until help comes!
- B. Call a plumber to fix it!
- C. ABANDON SHIP!
- D. None of the above

A: The answer is D – none of the above. The other choices are all **LEAKS**, not **LEEKs**! Leeks are mild-flavored veggies related to onions that are often used to flavor soups, but can also be enjoyed sliced and sauteed!

Learn more at www.CHOOSEMYPLATE.gov or http://kidshealth.org/kid/stay_healthy/food/pyramid.html



Monday, March 11

Crispy Chicken Tenders

Served with graham crackers

Served with
Rice Pilaf
Mixed Vegetable Medley
Chilled Mixed Fruit
Ice Cold Milk

Tuesday, March 12

Hamburger or Cheeseburger

on a whole wheat bun

Served with
Baked Beans
Lettuce, Tomato & Pickles
Goldfish Pretzels
Chilled Pears
Ice Cold Milk

Wednesday, March 13

Pasta & Meatballs

Served with a whole wheat dinner roll

Served with
Green Beans
Crunchy Fresh Apple
Ice Cold Milk

Thursday, March 14

NATIONAL PI DAY Papa Gino's Pizza Pie

Served with
Caesar Salad with Garbonzo
Croutons
Otis Spukmeyer Cookie
Juicy Orange Smiles
Ice Cold Milk

Friday, March 15

Popcorn Chicken Bowl

Served with a whole wheat breadstick

Served with
Creamy Mashed Potatoes &
Gravy
Golden Corn
Fruit of the Day
Ice Cold Milk

Monday, March 18

Oven Fried Chicken Drumstick

Served with
Creamy Mashed Potatoes
Butternut Squash
Chilled Mixed Fruit
Ice Cold Milk

Tuesday, March 19

Macho Nacho Lunch

Crispy Tortilla Chips
Seasoned Taco Meat &
Cheese Sauce

Served with
Black Bean Salsa
Fiesta Corn
Applesauce Cup
Ice Cold Milk

Wednesday, March 20

Hot Diggety Dog

in a whole wheat bun

Served with
Baked Beans
Steamed Carrots
Fun Chips
Chilled Peaches
Ice Cold Milk

Thursday, March 21

PIZZA for ONE! Personal Pan Pizza

Served with
Caesar Salad with Garbonzo
Croutons
Otis Spukmeyer Cookie
Dried Cranberry Pouch
Ice Cold Milk

Friday, March 22

Popcorn Chicken Bites

Served with a soft dinner roll

Served with
Smiley Fries
Peas & Carrots
Fruit of the Day
Ice Cold Milk

Monday, March 25

Chicken Nuggets

Served with Graham Crackers

Served with
Rice Pilaf
Garden Green Beans
Crazy Dried Cranberries
Ice Cold Milk

Tuesday, March 26

Hamburger or Cheeseburger

on a whole wheat bun

Served with
Baked Beans
Lettuce, Tomato & Pickles
Goldfish Pretzels
Orange Smiles
Ice Cold Milk

Wednesday, March 27

Creamy Macaroni & Cheese

Served with corn bread

Served with
Sweet Peas
Crunchy Fresh Apple
Ice Cold Milk

Thursday, March 28

Papa Gino's Pizza

Served with
Caesar Salad with Garbonzo
Croutons
Otis Spukmeyer Cookie
Chilled Mixed Fruit
Ice Cold Milk

Friday, March 29

District-Wide In-service
Early Release Day

Pancakes with Syrup

Served with
Baked Ham
Sweet Potato Fries
Fruit of the Day
Ice Cold Milk