



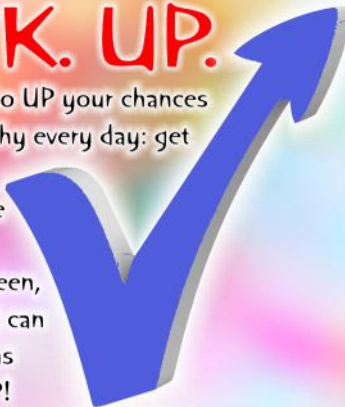
**Menus for
May
2018**

**Abington Public
Schools
Woodsdale
Elementary**

This institution is an equal opportunity provider. Menus are subject to change.

CHECK. UP.

Here's a heads-UP to UP your chances for waking UP healthy every day: get an annual CHECK UP. Whether you're young or old or somewhere in between, a yearly doctor visit can find and fix problems before they crop UP!



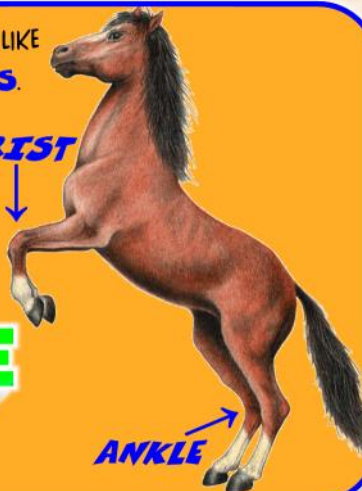
**EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!**



<p>Tuesday, May 1</p> <p>Wild Mike's Cheese Bites Soft Crust filled with Mozzarella Cheese</p> <p>Served with Marinara Dipping Sauce Crunchy Celery Sticks Apple Sauce Cup Ice Cold Milk</p>	<p>Wednesday, May 2</p> <p>Hot Diggety Dog in a whole wheat bun</p> <p>Served with New England Baked Beans Steamed Carrots Chilled Peach Cup Ice Cold Milk</p>	<p>Thursday, May 3</p> <p>Stuffed Crust Pizza</p> <p>Served with Caesar Salad with Garbanzo Croutons Otis Spunkmeyer Cookie Juicy Orange Smiles Ice Cold Milk</p>	<p>Friday, May 4</p> <p>Popcorn Chicken Bites served with graham crackers</p> <p>Served with Oven Fries Roasted Broccoli Fruit of the Day Ice Cold Milk</p>
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<p>Monday, May 7</p> <p>Crispy Chicken Tenders served with a whole wheat breadstick</p> <p>Served with Creamy Mashed Potatoes Golden Kernal Corn Mixed Fruit Cup Ice Cold Milk</p>	<p>Tuesday, May 8</p> <p>Hamburger or Cheeseburger on a whole wheat bun</p> <p>Served with New England Baked Beans Dill Pickle Chips Crunchy Fresh Apple Ice Cold Milk</p>	<p>Wednesday, May 9</p> <p>Papa Gino's Pizza</p> <p>Served with Caesar Salad with Garbanzo Croutons Otis Spunkmeyer Cookie Juicy Orange Smiles Ice Cold Milk</p>	<p>Thursday, May 10</p> <p>District Wide Early Release</p> <p>Pancakes with Syrup</p> <p>Served with Baked Ham Sweet Potato Tots Chilled Peach Cup Ice Cold Milk</p>	<p>Friday, May 11</p> <p>District Wide Early Release</p> <p>McWave Sandwich Sausage, Egg & Cheese on a whole wheat English Muffin</p> <p>Served with Hash Brown Potatoes Fruit of the Day Ice Cold Milk</p>
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HORSES RUN ON BIG **HOOVES**, WHICH ARE LIKE OUR **FINGERNAILS** AND **TOENAILS**. THEIR "HANDS" AND "FEET" ARE MUCH LONGER THAN OURS -- A HORSE'S "WRIST" IS ACTUALLY **HALFWAY UP ITS FRONT LEG**, AND ITS "ANKLE" IS **HALFWAY UP ITS BACK LEG!**



**STRANGE
BUT TRUE!**

Available Daily

- Turkey Pinwheel Lunch**
- Sal's Cheese Pizza**
- Hummus, Tortilla Chip & Black Bean Salsa Lunch**
- Wheat Bagel & Yogurt Lunch**
- Cereal Fun Lunch**
- Fresh Fruit or Juice and Alternate Vegetables Available Daily**

Monday, May 14

Chicken Nuggets
served with graham crackers

Served with
Baked Potato Wedges
Crazy Carrots
Mixed Fruit Cup
Ice Cold Milk

Tuesday, May 15

Macho Nacho Lunch!
Crispy Tortilla Chips
Seasoned Taco Meat &
Zesty Cheese Sauce

Served with
Black Bean Salsa
Fiesta Corn
Applesauce Cup
Ice Cold Milk

Wednesday, May 16

Bring you rulers!!!
FOOT LONG HOTDOG
in a whole wheat bun

Served with
New England Baked Beans
Steamed Carrots
Crunchy Fresh Apple
Ice Cold Milk

Thursday, May 17

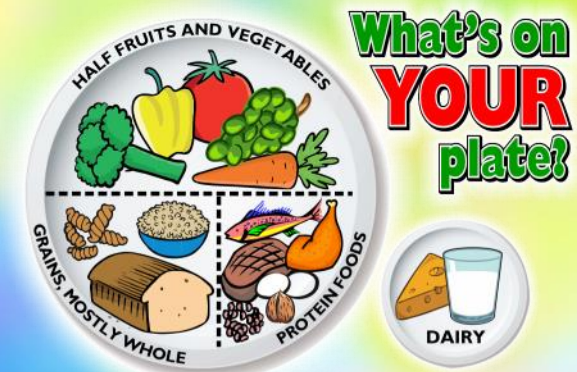
Pizza for One!
Personal Pan Pizza

Served with
Caesar Salad with Garbanzo
Croutons
Otis Spunkmeyer Cookie
Juicy Orange Smiles
Ice Cold Milk

Friday, May 18

**Popcorn Chicken
Bowl**
served with a whole wheat
breadstick

Served with
Creamy Mashed Potatoes
& Gravy
Golden Corn
Fruit of the Day
Ice Cold Milk



Q: What do you do with a hot dog that gets straight A's?

Monday, May 21

**Chicken Patty
Sandwich**
on a whole wheat bun

Served with
Lettuce & Tomato
Glazed Carrot Cubes
Tater Tots
Chilled Pears
Ice Cold Milk

Tuesday, May 22

**Hamburger or
Cheeseburger**
on a whole wheat bun

Served with
New England Baked Beans
Dill Pickle Chips
Crunchy Fresh Apple
Ice Cold Milk

Wednesday, May 23

**Pasta & Meatballs
Marinara**

Served with
Green Beans
Chilled Peach Cup
Ice Cold Milk

Thursday, May 24

Papa Gino's Pizza

Served with
Caesar Salad with Garbanzo
Croutons
Otis Spunkmeyer Cookie
Juicy Orange Smiles
Ice Cold Milk

Friday, May 25

**Popcorn Chicken
Bites**
served with graham crackers

Served with
Oven Fries
Green Beans
Fruit of the Day
Ice Cold Milk



Learn more at www.CHOOSEMYPLATE.gov or http://kidshealth.org/kid/stay_healthy/food/pyramid.html

Monday, May 28



Tuesday, May 29

**Crispy Chicken
Tenders**
served with a soft whole
wheat dinner roll

Served with
Sweet Potato Fries
Roasted Broccoli
Apple Sauce Cup
Ice Cold Milk

Wednesday, May 30

Hot Diggety Dog
in a whole wheat bun

Served with
New England Baked Beans
Steamed Carrots
Crunchy Fresh Apple
Ice Cold Milk

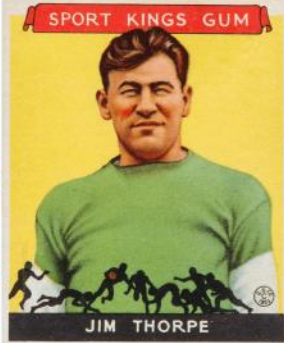
Thursday, May 31

Stuffed Crust Pizza

Served with
Caesar Salad with Garbanzo
Croutons
Otis Spunkmeyer Cookie
Juicy Orange Smiles
Ice Cold Milk

★ OUR NATION'S HISTORY ★

SPORT KINGS GUM



JIM THORPE

Jim Thorpe, one of the most famous and accomplished of all American athletes, was born on May 28, 1888. Thorpe won both the pentathlon and decathlon at the 1912 Olympics, becoming the first Native American to take gold for the United States. He played six seasons of major league baseball, 12 seasons of professional football, and toured the U.S. as a professional basketball player. His native name *Wa-Tho-Huk* translates as "path lit by great flash of lightning."

★ WITH LIBERTY & JUSTICE FOR ALL ★