



FOR IMMEDIATE RELEASE

Abington Public Schools is pleased to announce our participation in the National School Lunch Program. Meals will be available to all children at our following schools: Beaver Brook Elementary School, Woodsdale School, Abington Middle School and Abington High School. Meals meet nutritional standards set by the U.S. Department of Agriculture. Our schools will participate in the National School Lunch Program and School Breakfast Program..

If your income is less than or equal to the following guidelines you are eligible for free or reduced-price meals. These guidelines are effective *July 1, 2019* through *June 30, 2020*. If you have children who were approved for Supplemental Nutrition Assistance Program (SNAP) formerly known as Food Stamps, Temporary Assistance for Needy Families (TANF) or Native Family Assistance Program (NFAP), they are automatically able to receive free meals by filing an application that includes their assistance number from one of those programs. Students who are migrant, homeless, or runaways are automatically eligible and do not need to fill out an application. Foster children receive free meals regardless of the income of the household with which they reside. Note: Medicaid and Denali Kid Care case numbers do not qualify for eligibility.

Household Size	Reduced Price Meals – 185% of Federal Poverty Guidelines					Free Meals – 130 % of Federal Poverty Guidelines				
	Annual	Monthly	Twice per Month	Every Two Weeks	Weekly	Annual	Monthly	Twice per Month	Every Two Weeks	Weekly
1	23,107	1,926	963	889	445	16,237	1,354	677	625	313
2	31,284	2,607	1,304	1,204	602	21,983	1,832	916	846	423
3	39,461	3,289	1,645	1,518	759	27,729	2,311	1,156	1,067	534
4	47,638	3,970	1,985	1,833	917	33,475	2,790	1,395	1,288	644
5	55,815	4,652	2,326	2,147	1,074	39,221	3,269	1,635	1,509	755
6	63,992	5,333	2,667	2,462	1,231	44,967	3,746	1,874	1,730	865
7	72,169	6,015	3,008	2,776	1,388	50,713	4,227	2,114	1,951	976
8	80,346	6,696	3,348	3,091	1,546	56,459	4,705	2,351	2,172	1,086
For each additional family member add:										
	8,177	682	341	315	158	5,746	479	240	221	111

For more information, or to get an application for free or reduced-price school meals, contact us at: Abington School Food Service, 1071 Washington Street, Abington, MA 02351 (781-982-2156).

We can't approve your application unless it's complete. The information you give us on your application may be checked at any time. You may apply for free or reduced price meals at any time during the school year if your situation changes. If you become unemployed, your child (ren) may be able to have free or reduced priced meals based on your unemployment income. If we deny your free or reduced price meals application, we will give you a chance to appeal the decision.

Non-Discrimination Statement: This explains what to do if you believe you have been treated unfairly.

"In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotope, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

This institution is an equal opportunity provider."