



Abington High School Athletics
Commitment to Excellence



INCOMING FRESHMAN INFORMATION SHEET

Participating in Athletics at Abington High School is one of the most enjoyable experiences you will have. It is a great way to get involved and meet new people while playing a sport that you enjoy. Additionally, you learn invaluable life lessons and skills that will lead to future success. Playing for the Green Wave is a privilege that I hope you take advantage of.

*In order to play a fall sport you **MUST** register online.*

You can register by visiting <https://www.familyid.com/programs/2018-fall-athletics-7> or by searching “Abington” on www.familyid.com.

You should have your parents register you **before June 15** this year.

Fall Sport's

Sport	Head Coach	Email	First Day of Practice/Tryouts
Football	Jim Kelliher	abingtonhighfootball@gmail.com	August 17
Cheering	Alyssa McSharry	mrmcsharry@aol.com	August 20
Golf	Tim Hill	tkmmhill@comcast.net	August 23
Cross Country	Matt Campbell	matthewcampbell@abingtonps.org	August 23
Girls Soccer	Kate Casey	katecasey@abingtonps.org	August 23
Boys Soccer	Mike Caseley	michaelcaseley@abingtonps.org	August 23
Girls Volleyball	TBA		August 23

Please email your prospective coach and check in with them to let them know you are interested in trying out for their team in the fall. **Times and locations could change over the summer so it is best to check with your coach prior to the tryout dates.** For questions regarding Volleyball contact Mr. Serino (peterserino@abingtonps.org).

Please follow the Athletic Department on Twitter @AbingtonAD for the latest information from the Athletic Department. This will be used to notify students of changes in tryout information and what nights you can turn in your physical and confirm your registration. All student athletes and their parents (of all seasons) will be required to attend an information session on the evening of Wednesday August 22 – times TBD.



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The Abington Coaches and I would like to take this opportunity to acquaint you with some of our policies and rules that are necessary for a well-organized athletic program. If your questions and/or concerns are not answered within this handout, please speak with a member of our coaching staff or contact Mr. Serino directly.

Playing Time:

Perhaps the most emotional part of a student athlete's involvement in high school athletics centers around playing time. Factors such as practice attendance, attitude, commitment, and athletic skill enter into the playing time decision of the coach. It is the coach's responsibility to decide which athlete should start a contest, who should play what position, and how long an athlete should play. These coaching decisions, often difficult to make, are made only by the coaching staff and are approached very seriously after having observed the athletes in practice sessions, game like situations, scrimmages and actual game competitions.

Requirements:

All students must pass a physical examination within the past 13 months to be eligible to participate. A copy of the examination results must be on file in the school nurse's office ***before*** an athlete can participate in any school sanctioned tryout, practice or game. It is the responsibility of the athlete and their parent/guardian to know the expiration date of the physical.

The Abington School Committee has authorized the Athletic Department to collect an athletic user fee from each student athlete. All athletic fees, as established by the school committee are \$175. Each student will be required to pay the fee for each season. Fees are due at the conclusion of tryouts. Students will not be allowed to play in any scrimmages or games until the fee is paid or financial assistance has been approved. Students who receive free or reduced lunch will have their fee waived (applications available at AHS and Superintendent's office – must be filled out annually).

Physicals can be dropped off at the Athletic Office before the close of school

User fees may also be dropped off at the AHS main office or paid online at www.myschoolbucks.com

Chemical Health Rule Alcohol, Tobacco, Drugs:

At Abington High School, this MIAA rule is in effect from the first scheduled practice date for any sport in the fall until the completion of the final sport team in the spring or the end of the school year, whichever comes last. A violation of this rule results in a suspension from your team.

Being a part of a sports team at Abington High School is a major commitment but also one of the most rewarding experiences of your life. I look forward to seeing you at Abington High School in the fall.

Peter Serino
Athletic Director
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