

**ABINGTON PUBLIC SCHOOLS
HIGH/MIDDLE**

Menus for
**December
2018**

This institution is an equal opportunity provider.
Menus are subject to change.

Available Daily

Freshly Baked School Made Pizza
Spicy Chicken Sandwiches
Crispy Chicken Sandwiches
Hamburgers & Cheeseburgers
Grab & Go Entrée Salads
Fruit, Yogurt & Granola Parfaits
Wild Mike's Cheese Bites
Cheese Quesadilla
Build your own Sandwich Station

Available with all Lunches:
Assorted Fruits & Vegetables
Ice Cold Milk

Featured Specials of the Day

Monday, December 3

Meatball Sub Marinara

Sides: Caesar Side Salad with Garbonzo Croutons, Lays Fun Chips

Tuesday, December 4

Crispy Chicken Tenders

Sides: Parmesan Roasted Potatoes, Mixed Vegetable Medley

Wednesday, December 5

Chicken, Broccoli, & Ziti Alfredo

Served with a Garlicky Whole Wheat Breadstick

Thursday, December 6

BBQ Pulled Pork in a Bread Bowl

Sides: New England Baked Beans, Creamy Cole Slaw

Friday, December 7

Chicken Pot Pie

Tender Bites of Chicken with a Medley of Mixed Vegetables
in Savory Chicken Gravy

Topped with Golden Pastry Wedges

Monday, December 10

Rodeo Burger

Cheeseburger topped with Crispy Onion Rings and Zesty BBQ Sauce

Sides: Oven Fries, Baked Beans, Dill Pickle Chips

Tuesday, December 11

District-Wide In-Service

Early Release Day

High— Breakfast Only

Middle— Pancakes w/ Syrup, Baked Ham, Sweet Potato Tots

Wednesday, December 12

Wave Day Sampler

Chicken Nuggets, Nachos & Cheese, Onion Rings

Sides: Veggie Sticks, Buffalo Hummus Dip

Thursday, December 13

Soup & Sandwich

Warm Ham & Cheese Croissant

Baked Ham & American Cheese served warm in a Whole Wheat Croissant

Served with School Made Chicken Soup

Sides: Lay's Fun Chips, Crunchy Baby Carrots

Friday, December 14

Popcorn Chicken Bowl

Served with a whole wheat breadstick

Sides: Creamy Mashed Potatoes & Gravy, Golden Kernel Corn

Happy Holidays!

From

Bernie Darcy, Director of Food Services,
Abington Public Schools,
& the School Nutrition Staff at your school

Featured Specials of the Day

Monday, December 17

Steamed Hot Dog

In a whole wheat bun

Sides: New England Baked Beans, Oven Fries, Veggie Sticks

Tuesday, December 18

General Tso's Chicken

General Tso's Chicken served over

Lomein Noodles with

Stir fried Vegetables

The Menu Items for

Wednesday, December 19 through

Friday, December 21

**will be chosen from among your favorites
by our nutrition staff.**

Selections will vary.

ENJOY!



Holiday begins at the end of classes

Friday, December 21

Classes resume

Wednesday, January 2