



# Kids Konnection

An After-School Program of the Pilgrim Area Collaborative

Extended Services

Deb Booth, M.Ed., PACES Director

*Learning Beyond the Classroom*

*Kids Konnection is designed to provide students of all ages and abilities with structured after-school programs which foster self-esteem and independence while building peer relationships and social skills.*

\*\*\*\*\* **2018-2019 Offerings** \*\*\*\*\*

## **Drums Alive® Ability Beats (All Ages, All Abilities)**

Drums Alive® is the original research based, unique fitness/wellness program that captures the essence of movement and rhythm and combines it with fun! Drums Alive® is full of powerful and motivating music and drumming rhythms that get feet stomping and bodies moving. The original whole brain and whole-body program allows **ALL** individuals to participate without ever having picked up drum sticks before!

Drums Alive® Ability Beats also:

- Strives to unlock limitations and empowers participants of all “abilities” to achieve a healthy, happy lifestyle.
- Fosters creativity through a brain/body workout that integrates kinesthetic awareness, neuromuscular skills, cardiovascular conditioning, flexibility, and strength.
- Provides opportunities to build on social skills and cognitive learning.
- Offers sensory stimulation while keeping participants engaged in the activity for extended periods of time.



**Thursdays from 4:30pm to 5:30pm @ Pilgrim Academy**

**Winter Fall Session: Oct. 4, 2018-Nov. 29, 2018** (no session 11/22/18)

**Wednesdays from 3:00pm to 4:00pm @ Duxbury High School**

**Fall Session: Oct. 3, 2018-Nov. 28, 2018** (no session 11/21/18)

## **\*\*NEW THIS YEAR!! Move & Groove (Ages 4-7)**

Sing, dance, play and learn! We know that when children engage in music and movement activities, they are allowed to have fun, be creative and dance around and burn off some energy – and when they do this as part of a group they also develop and refine their social skills. This 8-week program is designed to specifically meet the needs of children of all abilities. Children with physical, social, language and communication challenges will be able to participate in a variety of multi-sensory activities, such as yoga, dance, music, tactile and theme-based play while meeting new people and making new friends in a highly supportive environment.



**Tuesdays from 3:30pm to 4:15pm @ Pilgrim Academy**

**Fall Session: Oct. 2, 2018-Nov. 20, 2018**

For program questions, please contact Deb Booth at [dbooth@pilgrimac.org](mailto:dbooth@pilgrimac.org) or 508-747-6686 ext. 2701

To register, please complete and return this registration form  
no later than September 21, 2018 to:

**Deb Booth**

**Pilgrim Area Collaborative Extended Services  
42 Industrial Park Rd. Plymouth, MA 02360**

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**Kids Konnection FALL 2018 Registration Form**

**Program Locations:**

**Plymouth: Pilgrim Academy 42 Industrial Park Rd., Plymouth, MA**

**Duxbury: Duxbury High School 71 Alden St, Duxbury, MA**

**Cost:**

**Drums Alive® \$100.00/8-week session, plus a one-time per school year non-refundable \$25 registration fee**

**Move & Groove \$75.00/8-week session, plus a one-time per school year non-refundable \$25 registration fee**

**\*\*Sibling Discounts are available-call or email for rates.**

**Please make checks payable to Pilgrim Area Collaborative**

Please indicate session below:

\_\_\_ Drums Alive® Ability Beats Plymouth Location

\_\_\_ Drums Alive® Ability Beats Duxbury Location

\_\_\_ Move & Groove Plymouth Location

**Session Fee: \$ \_\_\_\_\_**

**Registration Fee: \$ \_\_\_\_\_**

**Total Amount Enclosed: \$ \_\_\_\_\_**

**Participant Information (please print clearly)**

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_

Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

**Emergency Contact Information:**

Name/Relationship: \_\_\_\_\_

Phone: \_\_\_\_\_