

| PRODUCT | BRAND | SERVING SZ | CALORIES | CARBS | ALLERGENS |
|----------------------|---------------|------------|----------|---------|-----------------|
| Chicken Popcorn | Goldkist | 13 pcs | | 200 14g | EggMilkWheatSoy |
| Chicken Strips | Goldkist | 3 strips | | 190 13g | EggMilkWheatSoy |
| Chicken Patty | Tyson | 3.37oz | | 270 16g | Egg,Wheat,Soy |
| Meatballs | Advanced | 5 balls | | 190 4g | Soy,Milk,Wheat |
| Chicken Nuggets | Goldkist | 86g | | 200 15g | Egg,Wheat,Soy |
| Teriyaki Dippers | | | | 140 8g | |
| Burgers | Pierre | 1 patty | | 180 3g | Soy |
| Pizza, 4 X 6 cheese | Conagra | 1 piece | | 270 33g | Soy,Milk,Wheat |
| Pizza, stuffed crust | Conagra | 1 slice | | 330 35g | Soy,Milk,Wheat |
| Quesadilla, Cheese | Conagra | 1 slice | | 330 40g | Soy,Milk,Wheat |
| Spicy Chicken Patty | Pierre | 1 patty | | 200 12g | Wheat, Soy |
| Sausage Patty Turkey | Jimmy Dean | 1 patty | | | |
| Franks lo-so 8-1 | Old Neighborh | 1 frank | | | |
| Pizza Stuffed Crust | The Max | 1 slice | | 330 35g | Milk,wheat,soy |
| Tuna light | Skip Jack | 2 oz | | 60 | 0 Soy |
| Chicken Tenders | Tyson | | | 260 16g | Wheat |
| Turkey Breast | Jennie-O | 2oz | | 60 2g | |
| Cin Tst Crnch Cereal | Gen Mills | 1 bowl | | 110 22g | Wheat, Soy |
| Cheerios | Gen Mills | 1 bowl | | 100 20g | Wheat, Soy |
| Tortilla Chips | Barrel o fun | 1 bag | | 130 18g | |
| Cheese Stick | Great Lakes | 1 stick | | 80 1g | Milk |
| Green Beans | Packer | | | 30 6g | |
| Corn | Packer | | | 100 21g | |
| Peas | Packer | | | 70 13g | |
| Apple Juice | Country Pride | 4oz | | 60 14g | |
| Orange Juice | Country Pride | 4oz | | 50 13g | |
| 8" tortilla wraps | Tyson | 1 wrap | | 120 20g | Wheat |
| Yoplait Yogurt | Yoplait | 113g | | 100 20g | Milk |

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|-----------------------|------------|---------|---------|---------------------|
| Wheat hot dog roll | Homestead | 1 roll | 117 22g | Soy, Wheat |
| Sub Roll 6" | Fantini | 1 roll | 146 29g | Wheat, sesame |
| WG Cinnamon Bun | Hadley | 2.7oz | 200 34g | Wheat, soy, milk |
| Chocolate Chip Muffin | Muffintown | 2oz | 170 28g | wheat, soy,egg,milk |
| Bread Stick | Pierre | 1 stick | 110 21g | Wheat |