

Menus for February 2018

**Abington Public Schools
Woodsdale Elementary**

This institution is an equal opportunity provider.
Menus are subject to change.



Thursday, February 1

Papa Gino's Pizza!

Served with
Caesar Salad with
Garbonzo Croutons
Otis Spunkmeyer
Cookie
Juicy Orange Smiles
Ice Cold Milk

Friday, February 2

**District Wide
Early Release**

French Toast Sticks w/
Syrup
Sweet Potato Tots
Breakfast Sausage
Patty
Fruit of the Day
Ice Cold Milk



Monday, February 5

Crispy
Chicken Tenders
&
Soft Dinner Roll

Served with
Sweet Potato Wedges
Steamed Green Beans
Chilled Mixed Fruit
Ice Cold Milk

Tuesday, February 6

Hot Diggity Dog
on a Whole Wheat Bun

Served with
New England Baked
Beans
Red Pepper &
Cucumber Bites
Sweet Juicy Apple
Ice Cold Milk

Wednesday, February 7

Chicken Patty
Sandwich
on a Whole Wheat Bun

Served with
Lettuce & Tomato
Dill Pickle Chips
Chilled Peach Cup
Ice Cold Milk

Thursday, February 8

Pizza for One!
Personal Pan Pizza

Served with
Caesar Salad with
Garbonzo Croutons
Otis Spunkmeyer
Cookie
Juicy Orange Smiles
Ice Cold Milk

Friday, February 9

Popcorn Chicken
Bowl

Served with
Creamy Mashed
Potatoes & Gravy
Golden Corn
Whole Wheat
Breadstick
Fruit of the Day

MELTING AWAY.

Chocolate and hearts go together this time of year. And, yes, a little dark chocolate now and then can even be good for you. But scientists warn that the prime cocoa growing areas of the world could be too warm to grow the crop by as soon as 2050.



EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

FEBRUARY BIRTHDAYS

Rosa Parks -- Feb. 4
Charles Dickens -- Feb. 7
Khalid (20) -- Feb. 11
Frederick Douglass -- Feb. 14
Ed Sheeran (27) -- Feb. 17
W.E.B Du Bois -- Feb. 23

FRUIT

Huckleberry



Huckleberries look a lot like small blueberries, but they can also be bright red or dark purple. Humans sometimes eat them as jelly or in pie, but they form a bigger part of the diet of grizzly and black bears, which eat untold pounds of the berries in late summer as they prepare to hibernate.

OF THE MONTH

Available Daily

**New!!!
Turkey Pinwheels!**

Deli Turkey rolled in a Whole Wheat Wrap & cut into Pinwheels. Served with String Cheese & Fresh Veggie Sticks

Sal's Cheese Pizza

Hummus, Tortilla Chips & Black Bean Salsa Lunch

Bagel & Yogurt Lunch

Cereal Fun Lunch

Monday, February 12

Chicken Nuggets & Soft Dinner Roll
Served with
Roasted Sweet Potato Wedges
Steamed Broccoli
Mixed Fruit Cup
Ice Cold Milk

Tuesday, February 13

Taco Tuesday!
Soft Whole Wheat Tortilla with Taco Meat
Served with
Lettuce, Cheese & Black Bean Salsa on the side
Fiesta Corn
Crunchy Fresh Apple
Ice Cold Milk

Wed., February 14

Toasted Cheese Sandwich
Served with
Chicken Vegetable Soup
Crunchy Celery Sticks
Chilled Peach Cup
Ice Cold Milk

Thursday, February 15

Papa Gino's Pizza!
Served with
Caesar Salad with Garbonzo Croutons
Otis Spunkmeyer Cookie
Juicy Orange Smiles
Ice Cold Milk

Friday, February 16

Hamburger or Cheeseburger On a Whole Wheat Bun
Served with
Grilled Pepper & Onion Medley
Baked Beans
Dill Pickle Chips
Fruit of the Day
Ice Cold Milk

Winter Break. Duck.

Last Day of Classes February 16 Classes resume February 26

Monday, February 26

Popcorn Chicken Bites & Soft Dinner Roll
Served with
Baked Potato Wedges
Mixed Vegetable Medley
Chilled Apple Pouch
Ice Cold Milk

Tuesday, February 27

Hot Diggity Dog on a Whole Wheat Bun
Served with
New England Baked Beans
Steamed Carrots
Mixed Fruit Cup
Ice Cold Milk

Wed., February 28

Meatball Sub Marinara on a Whole Wheat Roll
Served with
Garden Green Beans
Fresh Juicy Apple
Ice Cold Milk

YEAR OF THE DOG 2018

The Chinese New Year begins with the new moon on February 16. 2018 is the year of the Dog.

PORTRAITS OF **SPECTACULAR** Athletes

Winter Olympics February 9-25 PyeongChang, South Korea

Photo by Brett Wilhelm/ESPN

Snowboarder Chloe Kim won three gold medals at the Winter X Games before she turned 16. She made the U.S. Olympic team in 2014, but at age 13 was too young to compete. Chloe, now 17, returns to her parents' home country of Korea to compete for gold in the 2018 Winter Olympics!

CHLOE KIM

Make the healthy, economical choice!

Lunch \$2.50

Get in touch with us today to learn more about free and reduced-price meals in our district
781-982-2156 OR berniedarcy@abingtonps.org