

# Menus for February 2018

**Abington Public Schools  
Beaver Brook**

This institution is an equal opportunity provider.  
Menus are subject to change.



Thursday, February 1

Pizza for One!  
Personal Pan Pizza

Served with  
Caesar Salad with  
Garbonzo Croutons  
Otis Spunkmeyer  
Cookie  
Juicy Orange Smiles  
Ice Cold Milk

Friday, February 2

**District Wide  
Early Release**

French Toast Sticks w/  
Syrup  
Sweet Potato Tots  
Breakfast Sausage  
Patty  
Fruit of the Day  
Ice Cold Milk



Monday, February 5

Crispy  
Chicken Tenders  
&  
Soft Dinner Roll

Served with  
Sweet Potato Wedges  
Steamed Green Beans  
Chilled Mixed Fruit  
Ice Cold Milk

Tuesday, February 6

Hot Diggity Dog  
on a Whole Wheat Bun

Served with  
New England Baked  
Beans  
Red Pepper &  
Cucumber Bites  
Sweet Juicy Apple  
Ice Cold Milk

Wednesday, February 7

Chicken Patty  
Sandwich  
on a Whole Wheat Bun

Served with  
Lettuce & Tomato  
Dill Pickle Chips  
Chilled Peach Cup  
Ice Cold Milk

Thursday, February 8

Papa Gino's Pizza!

Served with  
Caesar Salad with  
Garbonzo Croutons  
Otis Spunkmeyer  
Cookie  
Juicy Orange Smiles  
Ice Cold Milk

Friday, February 9

Popcorn Chicken  
Bowl  
Served with  
Creamy Mashed  
Potatoes & Gravy  
Golden Corn  
Whole Wheat  
Breadstick  
Fruit of the Day  
Ice Cold Milk

## MELTING AWAY.

Chocolate and hearts go together this time of year. And, yes, a little dark chocolate now and then can even be good for you. But scientists warn that the prime cocoa growing areas of the world could be too warm to grow the crop by as soon as 2050.



EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.  
**WELLNESS IS A WAY OF LIFE!**

## FEBRUARY BIRTHDAYS

Rosa Parks -- Feb. 4  
Charles Dickens -- Feb. 7  
Khalid (20) -- Feb. 11  
Frederick Douglass -- Feb. 14  
Ed Sheeran (27) -- Feb. 17  
W.E.B Du Bois -- Feb. 23

## FRUIT

### Huckleberry



Huckleberries look a lot like small blueberries, but they can also be bright red or dark purple. Humans sometimes eat them as jelly or in pie, but they form a bigger part of the diet of grizzly and black bears, which eat untold pounds of the berries in late summer as they prepare to hibernate.

## OF THE MONTH

## Available Daily

**New!!!  
Turkey Pinwheels!**

Deli Turkey rolled in a Whole Wheat Wrap & cut into Pinwheels. Served with String Cheese & Fresh Veggie Sticks

**Sal's Cheese Pizza**

**Hummus, Tortilla Chips & Black Bean Salsa Lunch**

**Bagel & Yogurt Lunch**

**Cereal Fun Lunch**

Monday, February 12

Chicken Nuggets & Soft Dinner Roll  
Served with  
Roasted Sweet Potato Wedges  
Steamed Broccoli  
Mixed Fruit Cup  
Ice Cold Milk

Tuesday, February 13

Taco Tuesday!  
Soft Whole Wheat Tortilla with Taco Meat  
Served with  
Lettuce, Cheese & Black Bean Salsa on the side  
Fiesta Corn  
Crunchy Fresh Apple  
Ice Cold Milk

Wed., February 14

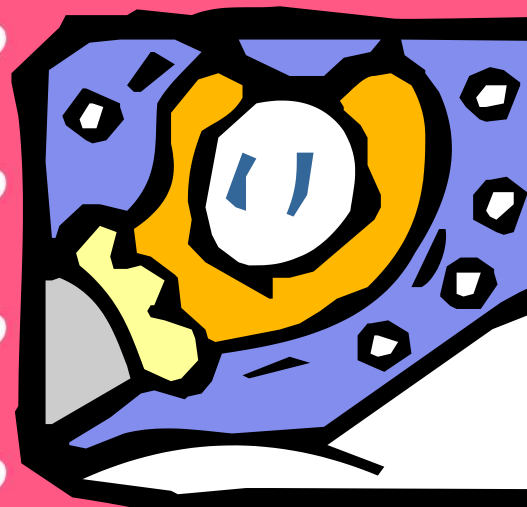
Toasted Cheese Sandwich  
Served with  
Chicken Vegetable Soup  
Crunchy Celery Sticks  
Chilled Peach Cup  
Ice Cold Milk

Thursday, February 15

Stuffed Crust Pizza  
Served with  
Caesar Salad with Garbonzo Croutons  
Otis Spunkmeyer Cookie  
Juicy Orange Smiles  
Ice Cold Milk

Friday, February 16

Hamburger or Cheeseburger on a Whole Wheat Bun  
Served with  
Grilled Pepper & Onion Medley  
Baked Beans  
Dill Pickle Chips  
Fruit of the Day  
Ice Cold Milk



**Winter Break. Duck.**

Last Day of Classes February 16      Classes resume February 26

Monday, February 26

Popcorn Chicken Bites & Soft Dinner Roll  
Served with  
Baked Potato Wedges  
Mixed Vegetable Medley  
Chilled Apple Pouch  
Ice Cold Milk

Tuesday, February 27

Hot Diggety Dog on a Whole Wheat Bun  
Served with  
New England Baked Beans  
Steamed Carrots  
Mixed Fruit Cup  
Ice Cold Milk

Wed., February 28

Meatball Sub Marinara on a Whole Wheat Roll  
Served with  
Garden Green Beans  
Fresh Juicy Apple  
Ice Cold Milk

**YEAR OF THE DOG 2018**



The Chinese New Year begins with the new moon on February 16. 2018 is the year of the Dog.

PORTRAITS OF **SPECTACULAR** Athletes



Winter Olympics February 9-25 PyeongChang, South Korea

Photo by Brett Wilhelm/ESPN

Snowboarder Chloe Kim won three gold medals at the Winter X Games before she turned 16. She made the U.S. Olympic team in 2014, but at age 13 was too young to compete. Chloe, now 17, returns to her parents' home country of Korea to compete for gold in the 2018 Winter Olympics!

**CHLOE KIM**

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